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**Author Releases Debut Book - A Lighthearted Approach to Spirituality**

*Willie Katinowsky Releases Spiritual As F\*ck*

Leesport, Pa. – Willie Katinowsky released his first book, *Spiritual as F\*ck*, through Crave Press. The book is currently available on Amazon, Barnes and Noble, and IndieBound as well as available through Crave Press.

*Spiritual as F\*ck* is a lighthearted approach to spirituality. One reader says, “*Spiritual as F\*ck* is a journey of self-discovery written with cunning intellect and delightful sarcasm. As someone who guarded themselves from faith under the guise of being ‘realistic,’ I believe this book will help even the biggest skeptics re-evaluate whether the doubts they cling to are really serving them.”

Katinowsky is from Reading, Pa. He is a 2004 graduate of Governor Mifflin High School and a 2008 graduate of Ursinus College. Katinowsky is a board member of the Skyline Community School, and he practices kundalini yoga and meditation.

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